



PREPARE TO WORK IN CANADA

Experience Matters

Are you planning to come to Canada, or are you now living in Canada? Your education and your English or French language ability are important elements in finding employment in Canada. But equally important to finding employment is what you have learned from your work and life experiences. This website and directory of services and resources provides you with useful electronic links which you can access before you arrive in Canada or when you have settled in Canada. Find out more about "why your experience matters."

STEP 1 GETTING STARTED

The first step to finding employment is to undertake assessments of your work and life experiences, foreign credentials and language ability.

Work and Life Experiences – Assessment & Recognition

You have had many experiences in your life and work, both before you came to Canada and upon arrival in Canada. From these experiences you have gained knowledge, skills and abilities that are valuable. In Canada, the process of examining that learning and knowledge is called Prior Learning Assessment and Recognition (PLAR). Your life and work experiences can include jobs, training, business ownership, military service, studying on your own, and working in the home. PLAR is a valuable process that can help you identify and validate your learning from your experiences.

[Click here](#) to learn more about PLAR and why your experience matters

Foreign Credentials – Assessment & Recognition

Foreign Credential Recognition (FCR) is a formal process of evaluating your educational credentials (such as degrees, diplomas and certificates) from your home country. In Canada there are assessment organizations that conduct this evaluation for you for a fee. In some cases, professional regulatory bodies, colleges, universities, or employers conduct this service, and may be able to do it before you arrive in Canada.

[Click here](#) to learn more about the assessment of your credentials and why your experience matters

Language - Assessment & Recognition

Language proficiency in English and/or French is essential for not only immigration to and citizenship in Canada, but also for finding a job. In Canada, there are a number of different language assessments used for various purposes.

[Click here](#) to learn more about language assessments and why your experience matters

STEP 2 MOVING FORWARD

The second step to finding employment is to continue to work on your assessments and meet with an expert to help you make the best choices. In some cases this may be to begin your job search. In other cases, it may be to connect with an employer, an education institution or a regulatory body.

[Click here for the Directory of services](#) to find the right employment service, institution or regulatory body

Employment

There are many employment agencies that can help you with your job search. Immigrant serving organizations across Canada have years of experience working with newcomers to find employment. These agencies can,

- ▶ Assist you with your PLAR
- ▶ Assist you in determining if you have the appropriate skills, training, abilities and language for a job
- ▶ Connect you with employers in your local community

[Click here](#) to go to the Directory of services

Educational Institutions

Educational institutions are located in all provinces and territories in Canada. These institutions can,

- ▶ Assist you to get your international academic credentials assessed
- ▶ Help you take a standardized language test
- ▶ Help you gain academic credit for the skills, abilities and knowledge you have gained through work and life experiences

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Regulatory Bodies

it is important to contact the appropriate regulatory body for your profession. Regulatory bodies can,

- ▶ provide you with information on language tests
- ▶ show you how they use PLAR to evaluate your knowledge and skills

[Click here](#) to go to the Directory of services

CLICK HERE TO LEARN WHY YOUR EXPERIENCE MATTERS

CLICK HERE TO EXPLORE THE DIRECTORY